

PSHCE Lessons Overview, Autumn Term: 2020-2021

Remember to review Behaviour Contracts with Class regularly as necessary (at least once per term)

Fortnight Commencing	Lesson	Y7 PSHCE Lessons (GST)	Outside speakers to Y7	Y8 PSHCE (REW)	Outside speakers to Y8	Y9 PSHCE (HGT)	Outside speakers to Y9	Monday Week B, P7 (3.30-4.30)		6th Form	Notes	Awareness Weeks
								Lessons (HHP)	Lessons (AGE)			
	Term Theme	Living & Working in Community... understanding yourself & relating to others		Teenage Life		The Teenage Brain & Introduction to Drugs Education		Outside Speaker Programme & Tutor led PSHCE activities	Outside Speaker Programme & Tutor led PSHCE activities	Life Skills Programme	All talks are pre-recorded and last one hour. SSP	
Fri 4th Sept (Week A1)	1	Welcome & introduction to PSHCE & Wellbeing	"Rebalancing after lockdown" Sophie Linnington of Parent Zone - remote talk	Welcome back! PSHCE in Y8	"Rebalancing after lockdown" Sophie Linnington of Parent Zone - remote talk	Welcome back! PSHCE in Y9	"Rebalancing after lockdown" Sophie Linnington of Parent Zone - remote talk	Monday 7th September 2020 Sophie Linnington (Parent Zone) Online Safety	Class Contract & Financial Literacy 1			
Fri 18th Sept (Week A2)	2	Living & Working in Community		Puberty & Adolescence 1		Healthy Lifestyles: Promoting Balance 1		Monday 21st September PSHE Lesson - Privacy Online	Monday 21st September Financial Literacy 2			
Fri 2nd Oct (Week A3)	3	Yourself & Others: Positive Relationships		Puberty & Adolescence 2		Healthy Lifestyles: Promoting Balance 2		Monday 5th Oct Alicia Drummond (Teen Tips) Mental Health and Resilience - Link here	Monday 5th October - UK Criminal Justice Laws (including Joint Enterprise)			
Fri 16th Oct (Week A4)	4	Friendship Problems & Conflict		Body Image		The "Teenage Brain"		Monday 2 November 2020 PSHE Lesson - Coping with Pressure	Monday (B4) 2 November 2020 Patrick Foster. Gaming and gambling addiction		Merit half - Fri 16/10. Half-Term: 19th-30th October 2020	
Fri 13th Nov (Week A5)	5	Anti-Bullying	Vaping and smoking. Asha from the DSMF A remote talk	Healthy Relationships	Positive Relationships /antibullying Chris Hemmings. Author and journalist A remote talk	The Importance of Sleep	"Why everyone needs a parrot!" Alicia Drummond psychologist Teen Tips A remote talk	Monday (B5) 16 November 2020 - Dan Jackson, former Australian Rules Footballer - Building resilience	Monday 16th November 2020 - Natasha Devon			
Fri 27th Nov (Week A6)	6	Character Strengths 1		Sexual Orientation & Gender Identity	Understanding adolescence Alicia Drummond. Psychologist. Teen Tips A remote talk	Habits & Addictions	Relationships and Sex Education. Amy Forbes-Robertson It happens A remote talk	Monday 2 November 2020 PSHE Lesson - Role Models	Monday (B6) 30th November 2020 - Elevate Education			
Fri 11th Dec (Week A7)	7	No lesson	Understanding adolescence Alicia Drummond. Psychologist. Teen Tips A remote talk	"I am Malala" Video	Gaming and Gambling Addiction. Patrick Foster former international cricketer. A remote talk	"Whats the Big Idea?" - Review of the Term		No lesson	No lesson		End of term - Middy 11/12	

PSHCE Lessons Overview, Spring Term 2021

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Fortnight Commencing (Monday)	Lesson	Y7 PSHCE lessons (GST)	Outside speakers to Y7	Y8 PSHCE lessons (REW)	Outside speakers to Y8	Y9 PSHCE lessons (HGT)	Monday Week B, P7 (3.30-4.30)		6th Form	Notes	Awareness Weeks
							Lessons (HHP)	Lessons (AGE)			
	Term Theme	Developing Independence		Human Rights		Drugs Education.. then RSE	Outside Speaker Programme & Tutor led PSHCE activities	Outside Speaker Programme & Tutor led PSHCE activities	Life Skills Programme		
Wed 6th Jan (Week B7)	1	Drugs Education 1: An Introduction	Relationships and Sex Education. Amy Forbes-Robertson It happens A remote talk	2020 Update: Healthy Bodies (review of Y7 Drugs Education with a focus on vaping)		Drugs Education 1: What do we know and not know?	Monday (B8) 18 January 2021 Patrick Foster. Gaming and Gambling Addiction	Monday (B8) 18th January 2021 How far do you bounce? Alicia Drummond, founder of Teen Tips. A talk on resilience aimed at Y11 during these uncertain times (lockdown/postponement of exams, etc).	Omari Eccleston Brown Y12. Body Dysmorphia		
Wed 20th Jan (Week B8)	2	Drugs Education 2: The Law		Diversity, Prejudice & Discrimination		Drugs Education 2: Group Research	PSHCE Tutor Lesson = Conflict and Debate Management	Monday (B9) 1 February 2021 - A-Level choices session	Angela Findlay - Art in Prisons 1st February		
Wed 3rd Feb (Week B9)	3	Drugs Education 3: The Impact of Drug Taking		Campaigning to generate Political Change		Drugs Education 3: "A Night of Ecstasy"	Monday (B10) 22 February 2021 Study skills. Why looking after your mental health can make you cleverer. Natasha Devon. Recorded Talk.	Monday 22nd February 2021 Dan Jackson, former Australian Rules Footballer - Managing performance stress Recorded Talk			
Wed 24th Feb (Week B10)	4	Drugs Education 4: The Drugs Economy (including county lines)		What are my rights and responsibilities?		Drugs Education 4: How do I manage situations involving drugs? (Peer Pressure)	Monday 8th March 2020 Fiona Spargo-Mabbs of the Daniel Spargo-Mabbs Foundation. Drugs Education.	Monday (B11) 8th March 2021 Moj Taylor of PUSH. 'Make a Life, Not Just a Living' interactive talk which explores how we make choices, how to make informed proactive ones, and the main options over the next 5-10 years for students approaching 6th form life. Recorded Talk.	3 March Sean O'Connell (former Latymerian) speaking on Wellbeing and Optimism/ motivation during lockdown. TBC		
Wed 10th March (Week B11)	5	Being assertive & dealing with pressure		Values (including British Values)		Healthy Relationships	Monday 22nd March = follow up on drugs ed talk / impact of drugs	Monday 22nd March (Assessment Revision)			
Wed 24th March (Week B12)	6	How do we manage risky situations (on and offline)?		Making Laws		Communication in Respectful Relationships	No lesson	No lesson	22 March John Hoskinson speaks on decision making. TBC	Term ends: Weds 31st March	

PSHCE Lessons Overview, Summer Term 2021

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Fortnight Commencing	Lesson	Y7 PSHCE lessons (GST)	Outside speakers to Y7	Y8 PSHCE lessons (REW)	Outside speakers to Y8	Y9 PSHCE lessons (HGT)	Outside speakers to Y9	Monday Week B, P7 (3.30-4.30)		6th Form	Notes	Awareness Weeks
								Lessons (HHP)	Lessons (AGE)			
	Term Theme	Healthy Living: Group Independent Research Project		Building Resilience		RSHE Continued		Outside Speaker Programme & Tutor led PSHCE activities	Outside Speaker Programme & Tutor led PSHCE activities	Life Skills Programme		
Wed 21st April (Week A14)	1	Healthy Living: BOUNCE project 1		2021 update: Courageous reporting vs cowardly snitching		Intimacy & An Introduction to Sexual Relationships		Monday 26th April 2021 - ASK Apprenticeships (Careers Department)	Study Leave		19-30th April STUDY LEAVE	
Wed 5th May (Week A15)	2	Healthy Living: BOUNCE project 2		What are 'emotional wellbeing' & 'mental health'?		Choices around Sex		Monday 10th May 2021 Eating Disorders. Hope Virgo A remote talk - link to be shared	Everyday Sexism - Laura Bates interview		Bank Holiday Mon 3rd May (Week A). 10-17th May in Lesson Assessments	
Wed 19th May (Week A16)	3	Healthy Living: BOUNCE project 3		Positive Thinking & Thinking Traps		Sex, Consent & The Law		Exam Week	Y11 "Reading Week"		Staff INSED Fri 21st May . INTERNAL EXAMS WEEK: 24-28th May	
Half Term: 31st May - June 4th 2021												
Mon 7th June (Week A17)	5	Healthy Living: BOUNCE project review		Emotional Literacy & Ways to recognise poor mental health		Hope Virgo - Eating Disorders & Disordered Eating (remote talk)		14th June Intimate relationships & choices	What is sexual harassment? & Making Ethical Choices			
Mon 21st June (Week A18)	6	Y7 Reflection - How am I doing?		Ways to look after emotional wellbeing		Follow-up from HV	Sexual Health	Monday 5th July 2021 - Tutor Lesson: Sex, consent & the Law	No Y11		ACTIVITIES WEEK: 28th June - 2nd July. Term Ends Thurs 8th July.	